## "What to Do in Case" Series

## **Greensboro Police Department**

## Someone is drowning:

A drowning victim might be screaming and splashing. Other drowning victims might not be able to, because they are using all of their energy to keep their head above water.

Do not go in the water to get them unless you are trained in water rescue. Untrained rescuers can be drowned by the struggles of the drowning victim.

- SHOUT for help
- REACH to them with a pole or rope and tell them to grab
  it. Make sure to maintain your balance to keep them from
  being pulled in.
- THROW them a flotation device.
- Call 911 for assistance.

